# The PMI Ireland Chapter Mentoring Programme is open to all Ireland Chapter of project Management Institute members in good standing. This application helps us match you with a mentor who can best help meet your goals. Please send the completed application and your resume to mentoring@pmi-Ireland.org

# Contact Information

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| --- | --- | --- | --- |
| Name |  | PMI ID |  |
| Phone |  | Email |  |
| Preferred contact method:  | Phone  |  | Email |  |  |

# Background

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| --- | --- |
| 1. Do you have any PMI credentials? If so, since when?
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| 1. Industries in which you have project experience?
 |  |

# Mentoring

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| --- | --- | --- |
| 1. For about how many consecutive months do you expect to need mentoring?
 |  3 months |  |
|  6 months |  |
| 12 months |  |
|  other |  |
| 1. Can you meet in person? If so, what locations work best for you (Dublin, Cork, Galway, etc.)?
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| 1. What motivates you to seek a mentor at this time?
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| 1. Please summarize of the goals you want to work on with your mentor.
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| 1. What project management skills would you like to focus on?
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| 1. What other information you would like to share that will help us find you a mentor?
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All PMI credential holders participating in the Mentoring Programme may earn self-reported PDUs. PMI-credentialed participants earn one PDU per hour of participation, up to a maximum of twelve PDUs annually.

By applying to participate in the PMI Ireland Chapter Mentoring Programme, I agree that (i) I will abide by the guidelines on the next page, and (ii) neither the Project Management Institute, the PMI Ireland Chapter, nor the PMI Ireland Chapter members participants have any liability for the suggestions and/or advice provided to me during any PMI Ireland Chapter mentoring relationship.

|  |  |
| --- | --- |
| Name |   |
| Signature |  |
| Date |  |

# Guidelines for Mentees

1. The Mentoring Programme will contact you via email to introduce you to your mentor and to confirm of your mentoring relationship and pairing.
2. Initiate contact with your mentor within seven days of your introduction. *Note: You are responsible for initiating contact with your mentor and scheduling meetings.*
3. Meet with your mentor either in person or via phone/video a minimum of once every month.
4. Respond promptly to update requests from the PMI Ireland Chapter Mentoring Programme, so that we can help you and your mentor enjoy a mutually beneficial partnership.
5. If for any reason you need to leave the Mentoring Programme or take a break, or if you feel your mentoring partnership is not working, please advise the Mentoring Programme. We help you adjust your partnership or find you a new mentor, if needed. If you feel your programme goals have been accomplished, please thank your mentor and notify the Mentoring Programme that you are moving on.

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| **DOs** | **DON’Ts** |
| * Do be proactive. Your mentor is there to help, but this is your journey.
* Do think about what it is you want out of the mentoring partnership. Create a list of goals to check off as milestones are passed.
* Do be mindful of why you’ve sought a mentor and stay focused on your goals.
* Do treat this as a professional relationship. Treat your mentor and the Mentoring Programme volunteers with the same respect you would expect from your work colleagues.
* Do keep all discussions confidential and the relationship friendly.
* Do respect your mentor’s time. Attend meetings punctually. Return your mentor’s calls and emails promptly.
* Do contact a Mentoring Programme volunteer if your partnership is unproductive or your mentor becomes unavailable. We’re here to help.
 | * Don’t ghost your mentor.
* Don’t abandon the conversation.
* Don’t misuse your relationship to simply further your own business interests.
* Don’t be impatient. If your mentor can’t meet with you on the date you propose, don’t give up; offer alternatives and follow through.
* Don’t surrender your own judgment or feel obligated to follow advice that does not help your career progress.
* Don’t stay quiet if something doesn’t make sense. Talk about it with your mentor to get clarity.
* Don’t forget your job and personal obligations.
* Don’t wait until a conflict of interest becomes an issue before addressing it.
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If you have any questions or concerns, please contact the Mentoring Programme at mentoring@pmi-Ireland.org